

# BEHAVIOR- SPECIFIC STAR CHARTS

This document contains 4 behavior specific star charts. Choose the one that you feel will provide the least amount of reinforcement required to help your child gain self-awareness and begin making new choices.

Refer to the video, Behavior Specific Modification Strategies, for further and more detailed information on how to use each of these documents.

Pages 1 - 4

1. Star Chart for earning one sticker per day
2. Star Chart for earning stickers twice per day
3. Star Chart for earning stickers three times per day
4. Star Chart for earning stickers each hour in one day

Determine how many days your child will have to earn stickers to receive their reward. Print as many charts as needed until they reach their goal.

I T ' S U P T O M E

# MY CHOICES

I AM CHOOSING TO

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I T ' S U P T O M E

# MY CHOICES

I AM CHOOSING TO

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	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
AM					
PM					
AM					
PM					
AM					
PM					

I T ' S U P T O M E

# MY CHOICES

I AM CHOOSING TO

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	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
MORNING					
AFTERNOON					
EVENING					
MORNING					
AFTERNOON					
EVENING					

I T ' S U P T O M E

# MY CHOICES

I AM CHOOSING TO

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TODAY IS _____		2 P.M.	
8 A.M.		3 P.M.	
9 A.M.		4 P.M.	
10 A.M.		5 P.M.	
11 A.M.		6 P.M.	
12 NOON		7 P.M.	
1 P.M.		8 P.M.	

I T ' S U P T O M E