

# DIVIDER RULE

I LOOK AROUND AND ASK MYSELF,  
“HOW MUCH SHOULD I \_\_\_\_\_?”  
Talk, eat, or use.

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| WHAT I SEE | WHAT I WILL DO |
|------------|----------------|
|            |                |
| WHAT I SEE | WHAT I WILL DO |
|            |                |
| WHAT I SEE | WHAT I WILL DO |
|            |                |